

EA-296 (5-14)

Resource List

You may wish to contact these numbers for further information or assistance:

ABUSE/VIOLENCE		
Tubman Family Alliance	Crisis Line will connect to the appropriate shelter	Tubman Crisis Line: 612-825-0000 Regular Line for Wash Co.: 768-0216
CAR CARE CLINICS		
Car Care Saturday	2nd Saturday of month in Lake Elmo - call and leave message	773-3083
Rivertown Car Care	Forest Hills United Methodist Church – call for information	464-2561
CHEMICAL DEPENDENCY		
Canvas Health, Inc.		430-2720
Washington County Community Services - CD Rule 25		430-6561
CHILD CARE		
Think Small	Child care provider lists & information	641-0305
Washington County Community Services	Child care assistance - Basic Sliding Fee	430-6459
CLOTHING		
Goodwill Store	Stillwater location: 14460 60th St. N., Oak Park Heights	439-4207
Stone Soup Thrift Shop 8200 Belden Blvd., Cottage Grove		458-9786
Valley Outreach	Mon, Wed, Fri: 10:00am-Noon / Tues, Thurs: 5:00-7:00pm Stillwater School District (will take referrals for out of area emergency needs)	430-2739
COUNSELING		
Canvas Health Inc.		777-5222
Chrysalis	For women	222-2823
Crisis Connection	24 hour phone counseling	612-379-6363
Family Services Inc.		St. Paul: 222-0311
Fathers Resource Center	Counseling support	763-783-4938
Forest Lake Youth Service Bureau	K-19	464-3685
Stillwater Youth Service Bureau	5-18 years	Cottage Grove: 458-5224 Stillwater: 439-8800

(Washington County) 739-6288 The Salvation Army 739-6288 Valley Outreach Limited funding for District 834 residents and St. Croix Valley 351-3169 Washington County Community Services Financial Info. & Referral: 430-6457 430-6459 Power County County Community Services No. St. Paul: 779-5940 5t. Paul: 296-6786 East Suburban Resources Employment services 351-0190 Hubert Humphrey Job Corp Housing and education for 16-25 year olds 642-1133 Washington County Workforce Center State employment service center 275-8650 ENERGY ASSISTANCE Employment service center 739-6288 Housing Corp Advestherization) 645-6470 Hroug CAPRW Replace furnace, air conditioner and hot water heat, insulation, door and windows 651-486-7401 Housing Corp) 24 hour phone counseling 612-379-6363 Planned Parenthood St. Paul 499-1328 Project Life Forest Lake: 464-4340 No. St. Paul Park: 437-1395 Stillwater: 439-5964 Washington Co. Dept. Stillwater 430-6655 of Public Health & Environment ForO RESOURCES 512-331-6870 Foor Elsonetton Stillwater 430-6655 Foor Stamps Washington County Community Services - Economic Assistance of Public Health & Environment 430-6655 <th></th> <th></th> <th>EA-296 (5-14)</th>			EA-296 (5-14)
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WIC For pregnant/nursing moms; infants & children 430-6657	(Washington County)		
430-6658	WIC	For pregnant/nursing moms; infants & children	
			430-6658

FOOD SHELVES/CLOTHING				
Name	Phone	Areas Served	Hours	Services
Christian Cupboard Woodbury Lutheran Church 738 Afton Rd.	651-738-2338	Landfall, Oakdale, Woodbury, and parts of Maplewood	2nd Thurs: 5:30-7:00pm	Food Shelf
Woodbury, MN 55125			Fri: 9:00am-Noon	
Community Helping Hands 408 SW 15th St. (behind Target)	464-6831	Forest Lake	Mon, Wed, Fri: Noon-4:00pm (by appt.)	Food Shelf
Forest Lake, MN 55025				Store
Elim Lutheran Church 20971 Olinda Trail N. Scandia, MN 55073	433-2723	Marine, Scandia	Thurs: By appt. ONLY	Food Shelf
Family Pathways 935 Lake St. S. Forest Lake, MN 55025	464-2098	Forest Lake, Scandia, Wyoming, and surrounding areas	Mon, Tues, Thurs: 9:00am-6:00pm	Food Shelf
			Sat: 9:00am-3:00pm	
Friends In Need 255 E. 3rd St. St. Paul, MN 55071	458-0730	Cottage Grove, Grey Cloud Island, Newport, and St. Paul Park	Tues: 8:00am-6:00pm <i>(by appt.)</i>	Food Shelf
MN Food Help Line	1-888-711-1151	All of MN	Mon-Fri: 8:30am-4:30pm	Food Shelves, Meals on Wheels, School Meals, SNAP, and more
New Life Church 6758 Bailey Road Woodbury, MN 55125	459-0444	Woodbury	Sun: 10:15-10:45am <i>(walkups only)</i> Use main entrance	Food Shelf
St. Jude's Comm. Food Shelf 700 Mahtomedi Ave. Mahtomedi, MN 55115	426-3245	Hugo, Lake Elmo, Mahtomedi, Stillwater, White Bear Lake	Tues & Thurs 1:00-3:00pm (Call 1 day in advance)	Food Shelf
St. Michaels 611 South 3rd St. Stillwater, MN 55082	439-3241	Afton, Bayport, I.S. District 834, Lake Elmo, Lakeland, Mahtomedi, Marine, Stillwater	Mon-Thurs: 9:00-11:00am (by appt.)	Food Shelf
White Bear Food Shelf 1884 Whitaker St. White Bear Lake, MN 55110	407-5310	White Bear Lake School District	Mon-Fri: 8:30am-2:30pm	Food Shelf
Valley Outreach 1911 Curve Crest Blvd W. Stillwater, MN 55082	430-2739	Stillwater School District	Mon, Wed, Fri: 10:00am-Noon	Food Shelf
			Tues & Thurs: 5:00-7:00pm	

GED/ABE/ESL		
Cottage Grove	District Program Center	458-6643
Forest Lake		982-8110
Minnesota Literacy Council		1-800-222-1990
Stillwater	Community Education Center	430-6798
Woodbury	Middle School and Central Park	768-4513
HEALTH CARE		
Century Community and Technical College – Dental	Dental services provided by students: cleaning, sealants, fluoride treatment, and x-rays - a small fee is charged	779-5787
Fairview Hospital & Clinics	Discount Program – Have to apply for MA	982-7664
Healthcare for the Homeless		647-2364
Medical Assistance (MA)	Washington County Economic Assistance information on MN health care programs: Medical Assistance (MA), General Assistance Medical Care (GAMC), Prescription Drug program	430-6459
	Patient Access Network	1-866-316-7263
	Partnership for Assistance	1-888-477-2669
	Rx Connect	1-800-333-2433
	Together Rx Access	1-800-444-4106
		www.needymeds.org
Minnesota Care	State-subsidized health care program for Minnesota residents	297-3862
Neighborhood HealthCare Network	Will help you find a clinic in your area	489-2273
Open Cities Health Center 409 Dunlap St. N. St. Paul		290-9200
Portico Healthnet 2610 University Ave., Suite 550 St. Paul		603-5100 <u>www.porticohealthnet.org</u>
St. Croix Family Medical Clinic (fka Common Health Clinic)		651-430-1880
St. Mary's Health Clinics	In the metro	690-7029
Senior Linkage Line	Minnesota Board on Aging and Area Agencies on Aging	1-800-333-2433
United Family Practice	1026 E. 7th St., St. Paul	241-1133
Washington County Dept. of Public Health & Environment	Nursing service, Child & Teen Health check-up, prenatal, newborn, and home health care - ask for referral nurse	430-6655
West Side Community Clinic 153 Cesar Chavez St. Paul		222-1816

GED/ABE/ESL

egal advocacy and information specific to housing For private subsidized and public housing information Weekly refreshed vacancy listing JSDA rural housing program First time homebuyers, foreclosure issues, public housing, and ection 8 programs for Washington County	612-728-5767 www.hud.gov www.housinglink.org www.lifestyleinc.net 651-459-4822 651-458-0936 651-430-6488 612-695-8183
For private subsidized and public housing information Weekly refreshed vacancy listing JSDA rural housing program	www.hud.gov www.housinglink.org www.lifestyleinc.net 651-459-4822 651-458-0936 651-430-6488
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First time homebuyers, foreclosure issues, public housing, and	651-459-4822 651-458-0936 651-430-6488
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	651-430-6488
	651-430-6488
	612-695-8183
or women	612-871-0118
Advocacy for disability and Social Security applications	800-544-9925
	659-0359
Rental advocacy	612-728-5767
Civil law only	651-222-4731
ax help all year long for FREE!	651-287-0187 x1000
our yearly credit check for all three credit bureaus	www.annualcreditreport.com
Drganization of and for people with developmental disabilities	523-0823
	430-6455
	439-7434
erves as information and referral center on issues related to nearing loss	297-1316
	dvocacy for disability and Social Security applications ental advocacy ivil law only ax help all year long for FREE! our yearly credit check for all three credit bureaus rganization of and for people with developmental disabilities erves as information and referral center on issues related to

		EA-296 (5-14)
Disability Linkage Line		www.mcil-mn.org
Disability Specialists		www.disabilityspecialist.net
First Call For Help	Referral service	224-1133
Red Cross	Emergency help after fires & disasters; military contacts	439-0031
Reemployment Compensation		296-3644
Saint Andrew's Resource Center	Provides a variety of services	762-9124
Social Security Administration	Social Security numbers, disability benefits, retirement benefits, and Medicare	1-800-772-1213 www.ssa.gov
Social Service Info. & Referral		Adult: 430-6484 Children: 430-6457
Telephone Assistance Plan	Call your local phone company	
Veterans Service Office	Benefits and services for veterans in Washington County	651-430-6895
Vision Loss Resource (Newport and Stillwater area)	In home assessments, vision evaluation, volunteers, mentors, phone pals, support groups	224-7662
PRE-SCHOOL/PARENTING		
Early Childhood Family Education (ECFE)		Cottage Grove: 458-6632 Forest Lake: 982-8315 Mahtomedi: 407-2024 Stillwater: 351-8350
Head Start	Pre-school; will refer back to your community	603-5977
TRANSPORTATION		
Canvas Health, Inc. Transporter	For disabled people, senior adults, and people receiving Social Services	275-4300
Dial-a-Ride	Maplewood, North St. Paul, Oakdale	602-LINK
МТС	Routes and information	612-349-7000 <u>www.metrotransit.org/metro-</u> <u>mobility</u>